

# FROM STRIVING TO THRIVING – ADDRESSING MENTAL HEALTH AND WELLBEING IN EDUCATION: NURTURING RESILIENCE IN TEACHING

Friday 30 November 2018, 2–5pm

‘The Future of the World is in my Classroom Today’

– Ivan Welton Fitzwater

Join us on 30th November 2018 for an engaging and thought-provoking review of some of the real-life challenges facing teachers today; the everyday impact of these challenges on teacher mental health and wellbeing and how some of these issues might be successfully addressed.

Prevention is better than cure – find out how teacher resilience can be nurtured and improved using novel, straightforward and practical techniques.

Listen to knowledgeable and inspirational speakers, hear about real case studies, understand the impact of an innovative approach to improving teacher wellbeing and put your questions to an expert panel.

## VENUE

Birmingham City University, City South Campus,  
Edgbaston B15 3TN

<http://www.bcu.ac.uk/about-us/maps-and-campuses/city-south-campus/map-and-directions>

## COST

£25 to the general public (payable on reserving your place). Proceeds go towards conference running costs.

£15 Early bird price if you book before 31 August.

Free to BCU Academic staff and BCU students.

## TO BOOK YOUR PLACE

email: [sarah.palios@bcu.ac.uk](mailto:sarah.palios@bcu.ac.uk)

Limited to 160 places – first come first served.

## SPEAKERS

- Professor Rosemary Sage, Practitioner Doctorate Lead, School of Education, University of Buckingham.
- Dr Kim Orton, Consultant in Education and Research.
- Lorrian Holder, Deputy Head, Bablake Junior School – Our journey to enhance staff health & well being using Intelligent Behaviour Analytics® in the world of education’
- Professor Adam Crizzle, ‘As tough as old boots’ – Using Intelligent Behaviour Analytics® to nurture, grow and maintain teacher resilience.
- Katy Palios, The science behind it: the practical application of Intelligent Behaviour Analytics® in a teaching environment – a pilot study.

## CPD

Available for this event



## CONFERENCE SPEAKERS

---



### **Professor Rosemary Sage PhD., M.Phil, BA, LRCSLT, PGCE(ED.Psych), MRCSLT, FCOT, MCCT, MLA, MA Fellow, JP, PG Cert: Neuro., Linguistics., Psycho-Linguistics., NVC, Leadership & Management.**

Professor Sage is a qualified speech and language pathologist, psychologist and teacher (English and Maths) and Professor of Education as well as former Dean and Professor at the College of Teachers. She has been Director of Speech and Language Services in Leicester/Leicestershire; a Teacher in Primary and Secondary schools; Senior Language Advisor to an LEA; an Academic in 4 universities – Head of Department and Professor of Communication at Liverpool/Liverpool Hope and a visiting Professor in Cuba and Japan. Rosemary is on the Queen's Panel for Education and Industry Awards and has sat on the Lord Chancellor's Advisory Committee for the Judiciary as a senior magistrate and presently serves on the Judiciary Executive. She was a founder member of the Children's Legal Panel and has been an expert witness in Educational appeals. Also, she has sat on Parliamentary committees for Medicine and Education, the Teaching of Science and Inclusion of Students with Special Needs. Recently, she led the first group of Education students at the College of Teachers (TCOT) completing Doctorates by Professional Record (Doctoral Fellow of the College of Teachers – DFCOT), who received awards from Prince Philip in June 2016. From 2017, Rosemary has been Professor of Doctoral Study at Buckingham Independent University leading the Practitioner Doctoral programme in the School of Education. This degree is focusing on education for the New Industrial Age (4) and is linked with universities in Italy and the USA who have been researching a curriculum that re-balances the present academic input with more emphasis on the personal development of students. She has published 22 books and over 150 refereed papers in journals.

### **Dr Kim Orton**

Dr Kim Orton has teaching and lecturing experiences across the age range – initially in Young Offender Education, in nursery (SEND) as an LEA Advisor in Early Education. She has managed Child Care and Education programmes and Hospital Play Specialism for post 16.

Kim has headed up Teacher Training in FE/HE, worked as a Curriculum Development Officer and on EU-funded projects. She has tutored and supervised on MA programmes in Leadership and Management and as a Research Associate for UCL, Institute of Education.

Latterly – leading Child Development courses and examining in the UK and abroad for QTS and as a Practitioner Doctorate Tutor, Research and Development Officer at the University of Buckingham.

Kim has Nursery Nursing qualifications, a BE'd (Hons) in Secondary Education, MA in Education (SEN) and a Doctorate, DFCOT. Her main research areas; communication in learning and reflective practice at FE and HE and through Continuing Professional Development for teachers and leaders.



### **Lorrian Holder**

Lorrian Holder is the Deputy Headmaster at Bablake Junior School IAPS (Co-educational 3 – 11). He is in charge of the pastoral care and is one of the school's Designated Safeguarding Leads and Educational Visits Coordinator. He teaches Mathematics and Science to Year 6 pupils. Previously he was appointed as a Primary Senior Leader at GEMS Wellington International School in Dubai (Co-educational 2200 pupils 3 – 18) where he was responsible for the academic and pastoral development of Year 3, 4, 5 and 6 pupils. He led Science across the Primary Phase and managed the Islamic and Physical Education Departments. Prior to moving to Dubai he was the Head of Middle School at Edge Grove School in Hertfordshire IAPS (Co-educational 3 – 13). During this time, he taught Science to Years 3, 4, 5, 6 and 7. Throughout Lorrian's career he has been an active sportsman and coach, focusing mainly on rugby, cricket and hockey. He played cricket at a very high level and has assisted in the organisation of both national and international cricket tours. Skiing and snowboarding is one of his passions and each year he arranges a Bablake Junior School ski trip to Norway. Originally from South Africa, he completed a Bachelor of Education degree and began his career as a Science, Geography and Design Technology teacher in Johannesburg, Gauteng.

### **Professor Adam Crizzle**

Professor Adam Crizzle is in the Faculty of Health, Education and Life Sciences at Birmingham City University. He is the Managing Director and Research Director at Hillcroft House Research Hub and an Executive Career Coach and Leadership Trainer. He is Chair of the JCT Research Trust which is focussed on raising educational awareness for blood, organ and bone marrow donation. His core expertise is within the field of human behaviours and emotions. He is the Inventor of Intelligent Behaviour Analytics® and a Board Member of IBA Alumni. He is a CPD Standards Office accredited speaker and is a regular public speaker. With over three decades within the fields of Human Behaviour, Research, Statistical Forecasting, Logistics and Education, his key area of research is the understanding of human behaviour and emotions to improve mental health and well-being, within matrix/networked organisation culture.



### **Katy Palios**

Katy is a Research Graduate at Hillcroft House Research Hub. She achieved a First-Class Hons degree in Psychology with Neuroscience from the University of Sussex in July 2017. She is going on to complete an MSc in Clinical Neuroscience at King's College London starting September 2018. This year, Katy has collaborated with Bablake Junior School to establish the impact of Intelligent Behaviour Analytics® within the educational sector. With an avid interest in sport, Katy is a qualified football coach. She was President of women's football at University which is an elected post and played for the 1st team.