

BA (Hons) Acting

Essential equipment

Clothing

All students are required to dress appropriately for all classes and rehearsals. Clothing should be **black** (neutral) for all classes. It should be practical and comfortable, with no low neck-lines. Trousers should cover underwear and the abdomen appropriately. You will also be expected to change from external to internal footwear before entering the studios. Remember, this is a working environment.

If you have any movement clothes that you think may be suitable, do not buy anything new until you commence your course.

Essential male and female clothing:

- Minimum of 3 sets of black clothing:
 - Long & short sleeved black tops that are suitable for movement (t-shirts or jumpers)
 - Black tracksuit trousers
 - Close fitting lycra /sports-wear or leotards, footless tights or leggings
- Pair of trainers (to be worn in stage combat/body conditioning classes)
- Toiletries and towel for showering
- Large towel for use on school Yoga mats
- Hand sanitiser

Optional male & female:

- Large sports bag
- Tap or jazz shoes (only if you already have these)
- Additional essential female clothing:
 - Practice skirt (Full-length circular wrap-over skirt to floor level (to be made from any dark rich, plain coloured material, preferably heavy wool or similar - please see pattern on next page).
 - White long sleeved blouse/shirt
 - Pair of black shoes with leather ankle bar (please see following picture)
- Personal yoga mat

Optional female clothing:

- Corset
- It would be desirable for girls to have a black dress for movement classes, either sleeved or sleeveless; with easy flowing skirt to mid-thigh (for presentations)

Additional essential male clothing:

- White long sleeve shirt
- Formal, waisted, black trousers (**NOT** hipsters)

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- Pair of formal gentleman's black shoes (hard soled **NOT** rubber - *see picture example*)
- **Compulsory:** dance belt or jock strap - **must be worn in all movement sessions.**
- Large towel for use on school yoga mats
- Hand sanitiser

Optional male clothing:

- Waistcoat - desirable but not essential
- Formal jacket preferably black but grey/blue is fine
- Personal yoga Mat

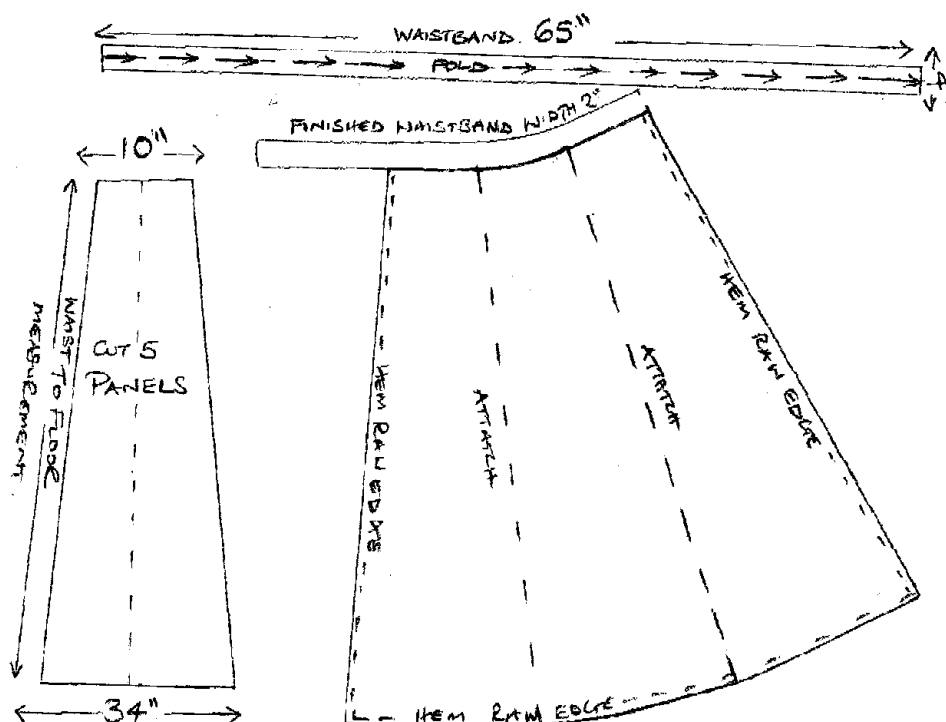
The Birmingham School of Acting operates a strict dress code which includes:

- The removal of all body piercings and jewellery before classes
- The removal of heavy make-up
- Inappropriate clothing such as jeans, scarves, hats and belts must not be worn in classes.

Clothing should have your name clearly marked and be kept clean and well maintained. Should you be required to wear a wedding ring in production, it is your responsibility to purchase this. It can be obtained from 'the Costume Shop', at a cost of approximately £2. Not having the correct clothing or your equipment, for the start of term, may seriously impede your learning in certain classes.

If you have more than one strenuous/physical class in the day, you will need to shower and change your clothing. Shower facilities are available within the School.

Wrap-Over Skirt Pattern (Medium)



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This should be made up in a medium weight fabric such as poly/cotton/wool mix, in a dark colour, preferably black.

Cut out 5 panel pieces. Sew together, with a 1cm/ ½ inch seam allowance, to form a curved flat piece (4 seams). Hem the 2 side edges.

Cut out the waistband. This should be long enough to go round your waist twice and tie. Attach to the waist edge of the skirt with all raw edges inside, leaving a 'tail' at each end for tying.

Hem the bottom edge of the skirt so that it is just below ankle length, without brushing the floor.

If a larger or smaller size is required the measurements may be reduced or added to (per panel) by 2-5 centimetres (1-2 inches).

i.e. medium (as above) = 50" at waist (approximately 2 panels should overlap)
Smaller 8" x 5 = 40"
Larger 12" x 5 = 60"

Example of style of female shoe required - Capezio Manhattan



Example of style of male shoe required – Clarks 'Oxford'

