



SUPPORT FOR STUDENTS WHO ARE SELF-ISOLATING



Birmingham City University operates a Covid-19 track and trace service for all staff and students via its Notify system. Positive cases, symptoms and any self-isolation can all be reported via this system.



Where positive cases are reported, our contact tracers will work to identify any close contacts who may need to also self-isolate.

This service runs every day – from 9am – 8pm on weekdays and 9am – 5pm at weekends although reports can be logged on the app at any point.

BCU will provide the following for all students who have tested positive or need to self-isolate:

1. Guidance documents

Dedicated guidance documents to help you understand the NHS, navigate health services, access BCU services and support and stay well during your isolation period.

2. Wellbeing check-ins

Regular wellbeing check-ins by phone, e-mail or text message, according to your preferred method and frequency (daily, twice weekly or weekly).

3. Wellbeing services

Access to mental health, wellbeing or disability services following assessment of need.

4. Supermarket vouchers

Free, non-means tested supermarket vouchers to purchase food and essential supplies from online shops.

5. Financial advice

You will have access to financial advice from specialist advisors including access to additional means-tested financial support.

6. Academic support

You will have access to support from academic teams with online digital materials and pastoral support from personal tutors who may advise you on resetting coursework hand-in dates.

7. Students' Union advice

You will have access to Students' Union free and impartial advice, including academic advice and support with accommodation issues.

8. Online social activities

You will have access to Students' Union social activities online to keep you entertained and connected during your self-isolation.

In return we expect you to do everything you can to help support your University community during this difficult time including:

1. Covid-19 Induction

Complete the Covid-19 induction to familiarise yourself with the campus rules and systems.

2. Risk assessment

Complete the individual Covid-19 risk assessment.

3. Stay home

Remain off-campus if you show any signs or symptoms of Covid-19, have had a positive test, or you have been asked to self-isolate.

4. Use Notify

Use the Notify system to let BCU know when you are ill, have a positive Covid-19 test result or have been asked to isolate to enable contact tracers to alert your close contacts and keep our community as safe as possible.