

# CHRISTMAS IN BIRMINGHAM 2022

# CHRISTMAS IN BIRMINGHAM PROGRAMME

Christmas in Birmingham is a programme for all the students staying away from their loved ones during the Christmas period. The aim of the programme is to have events which students can get involved with during the Christmas break which will help them to be a part of the community at BCU and in Birmingham. This programme will have several internal, external and events taking place in student accommodation to help students to feel better during Christmas time.

Join our Facebook group to stay in touch with other students and plan your Christmas holiday in Birmingham: <u>www.facebook.com/groups/iosept22</u>

# **INTERNAL EVENTS**

# **Swing Into Christmas**

Sunday 11 Dec 2022 Times: 7pm Location: The Bradshaw Hall, Royal Birmingham Conservatoire, 200 Jennens Road, B4 7XR Price: £20 for full time students

Celebrate the festive season in style with the vocalists and instrumentalists of Down for the Count Concert Orchestra, as they Swing Into Christmas!

This is a Christmas celebration like no other, as Down for the Count recreate the music of Nat 'King' Cole, Billie Holiday, Ella Fitzgerald, Frank Sinatra and many more in a luscious 25-piece orchestra setting evoking the sounds of the great Capitol Studios recordings. For booking and more information, please use this <u>link</u>.

## **Christmas lunch**

Wednesday 14 December 2022 Times: 12 - 3pm Location: C087, Curzon Building, 4 Cardigan Street, B4 7BD

BCU International Office is hosting a Christmas Lunch, free for all international and BCUIC students! For booking and more information, please use this <u>link</u>

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# **INTERNAL EVENTS**

# Vice Chancellor's Concert: A Jazzy Christmas

Thursday 15 Dec 2022 Times: 6 - 7:30pm Location: The Bradshaw Hall, Royal Birmingham Conservatoire, 200 Jennens Road, B4 7XR Price: Free

Kickstart the festivities in December by booking your place at the Vice-Chancellor's Concert: A Jazzy Christmas. The concert will feature music from the Royal Birmingham Conservatoire Duke Ellington Orchestra, directed by Associate Professor in Jazz Jeremy Price, and vocalists from Eastside Voices.

Firstly, enjoy festive refreshments at the drinks reception from 6pm to get you in the Christmas spirit. The concert will start at 6.30pm, and will last around an hour.

The performance will feature a Christmas selection of Big Band music, which will include highlights from Duke Ellington's Nutcracker Suite, and popular seasonal show songs.

This is the perfect opportunity for a Christmas celebration with the BCU community, so get your ticket now! For booking and more information please use this <u>link</u>.

### **BCUSU Film Night: Elf**

Thursday 22 December Times: 5 - 8pm Location: Curzon Building, City Centre Campus

Watch along as we screen the Christmas classic, Elf!. This is a ticketed event, so make sure you book your place below! <u>www.bcusu.com/ents/event/5233/</u>

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# **EXTERNAL EVENTS**

## **Birmingham Frankfurt Christmas market**

Event Dates: 3 Nov – 23 Dec Times: 10am - 9pm Location: Birmingham City Centre

The largest authentic German Christmas market outside of Germany or Austria Birmingham's Frankfurt Christmas Market offers a large range of traditional good and gifts and a selection of tempting food and drink. Pretzels, schnitzels, bratwursts, and roasted almonds will tempt your tastebuds, all of which can be washed down with gluhwein, weissbeer (wheat beer), or tasty hot chocolate. For booking and more information please use this <u>link</u>.

### Big wheel and ice skating

Event dates: 3 Nov - 8 Jan (ex. Christmas Day) Times: 10am - 10pm Location: Centenary Square

Riding the big wheel gives you the opportunity to enjoy fantastic views of Birmingham. Relax and enjoy some of Birmingham's most impressive sights, such as the Library of Birmingham, Council House, Town Hall, Cube, Brindley Place and Britain's biggest German Christmas Market.

Experience the magic of ice skating outdoors in the heart of Birmingham, next to the big wheel. Feel like you're in a scene from a Hollywood film on 600 sq metres of real ice. There isn't a better way to celebrate Christmas! For booking and more information please use this <u>link</u>.

## **Botanical Gardens Winter Light Trail**

Event Dates: 26 Nov – 2 Jan (except Christmas Day and Boxing Day) Location: Westbourne Rd, Birmingham B15 3TR Price: Tickets from £15

As darkness descends, join us on our enchanting journey, as we weave a captivating light trail through the stunning, historic grounds of Birmingham Botanical Gardens. Immerse yourself in our mesmerising almost mile long trail, with stunning lighting elements and fabulous light play, all set to ambient music. <u>Find out more and book tickets online</u>.

# **EXTERNAL EVENTS**

# **BIRMINGHAM PANTOMIMES**

Pantomimes are a British traditional and each year there is so much variety on offer at local theatres!

# **Dick Whittington**

Event dates: 17 Dec - 29 Jan Location: Birmingham Hippodrome Theatre Hurst Street, Southside, Birmingham, B5 4TB Price: Tickets from £16.50 <u>Find out more and book tickets online.</u>

### Beauty and the Beast

Event Dates: 18 Nov - 16 Dec Location: The Old Rep Theatre, Station Street, Birmingham, B5 4DY Price: Tickets from £21.50 <u>Find out more and book tickets online.</u>

### Aladdin

Event dates: 3 Dec - 7 Jan Location: Lichfield Street, Wolverhampton, WV1 1DE Price: Tickets from £16.50 Find out more and book tickets online.

## Winter Funland Nec

Event Dates: 10 Dec – 2 Jan (Except Christmas Day) Location: North Ave, Marston Green, B40 1NT Price: Tickets from £28.60

The UK's largest indoor funfair, it's the perfect Christmas experience for all the family, with 4 hours of unlimited funfair rides, ice skating and a festival circus included in the ticket price. Winter Funland is a great opportunity to wear your Christmas jumpers and get into spirit....without worrying about the weather!

Expect plenty of Christmas magic, with all the fun of the fair and a spectacular circus show. They'll be lots of smiles on the ice rink too, whether you're gliding along like a pro or wobbling along with the help of one of our penguins! Visit our food and drink vendors for that Christmas market feeling, and watch out for the mischievous elves who'll be popping up around the event to help you make some special memories. For booking and more information please use this link.

# **EXTERNAL EVENTS**

# Penguin Parade Trail

Event Dates: 9 Nov – 6 Jan Location: Birmingham City Centre Price: Free event!

A new Penguin Parade Trail is coming to Birmingham featuring 15 specially designed giant penguins that sum up 'the wonderful feeling of Christmas'.

Best of all, the trail is completely free to enjoy. Similar to the Walking with the Snowman Trail, which was inspired by the Raymond Briggs' classic, this year's festive event is being organised by Central BID Birmingham and will help raise funds for Birmingham Children's Hospital Charity.

Look out for penguins at Bullring and Grand Central, The Mailbox, Great Western Arcade, Piccadilly Arcade, instore at Selfridges and Primark and at all the festive city centre attractions including Christmas in Cathedral Square and the Big Wheel. For details of where to find the penguins, please visit this <u>link</u>.



## **Christmas at Cadbury World**

Event dates: 19 Nov - 23 Dec Location: 84 Linden Road, Bournville, B30 1LA Price: Student tickets from £17.10

With the festive season just around the corner, families are invited to step into a chocolatey winter wonderland at Cadbury World.

Guests to Cadbury World can enjoy fantastic festivities, including Santa's popular stage show and a magical Cinderella pantomime, during weekends as well as mid-week. For booking and more information please use this <u>link</u>.

A Swinging Christmas With The CBSO Event dates: 21 Dec, 7.30pm Location: Symphony Hall, Centenary Square, Birmmingham, B1 2EA Price: Tickets from £5 for students in full time education

It's the most wonderful time of the year! Tonight, the CBSO transforms itself into a seasonal time machine, with top West End vocalists singing the hit songs of Christmases gone by, from Frosty the Snowman and Jingle Bells to Sleigh Ride and of course White Christmas. Join us and get your festive spirit into the swing of things as all we want for Christmas, is you! For booking and more information please use this <u>link.</u>

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University Locks, Jennens Court, The Heights, Lakeside, Staniforth House, Queen's Hospital Close, and Bentley House will be organising local events at the halls of residence. For more information regarding the Christmas events please get in touch with your respective accommodation teams.

# **MORE EVENTS:**

There is always something going on in the amazing and multicultural city of Birmingham. <u>This link</u> has very detailed information about all the events which will be taking place during the holiday period. If you are thinking to eat out during the Christmas period <u>here is an online guide</u> for suggestions of restaurants, coffee shops, pizza places etc. Please make sure you book your place in advance as especially during the holidays the restaurants may get booked up very quickly.

# INFORMATION AND SUPPORT

Libraries will be opening for shorter period of times during the holiday season. All BCU libraries except Curzon Library will be closed between 24 December and 26 December. On 24 December, Curzon Library will be open from 10am-5pm and will be self-service only. The Curzon Library will be open for reduced hours of 10am-5pm between 27 December and 2 January while all other libraries will remain closed. For more information regarding the library opening times please <u>visit Libcal</u> by Library and Learning Resources.

The Open Learning Zones will be open at the same times as the libraries and there will be free hot and cold drinks, biscuits, and a selection of board games for students who want to spend some time relaxing away from home. The university will be closed for Christmas Vacation and New Year from 24 December 2021 – 3 January 2022.

Birmingham Central library will be closed from 25 to 27 December, reopening on 28 December. For more information please visit the <u>Birmingham Library website.</u> Academics and students on Birmingham City University's Sports and Exercise Nutrition course have drawn up a <u>'survival guide'</u> to help students and workers alike negotiate the festive fun without piling on too many pounds, risking illness or struggling with hangovers.

Do you know how to cook a Christmas dinner? If not, then watch <u>this fun video</u> by the vloggers of Birmingham City University.

What can you do to reduce the impact of depression on your Christmas? Kim Moore, Senior Lecturer in Mental Health Nursing at Birmingham City University, discusses depression at Christmas and what steps can be taken to help reduce it.

If you are thinking of giving a lot of gifts to you dear one, why not have a read of <u>A Zero Waste</u> <u>Life</u> blog by our alumni Charlotte and Anna, in which they discuss how to celebrate a Zero Waste Christmas.

# **ADDITIONAL HELP AND SUPPORT**

## The Big White Wall

Provide online services Free for BCU students. Register with your University email. Website: <u>www.bigwhitewall.com</u>

# Pause (Forward Thinking Birmingham)

Drop-in Mental Health support is available for those aged 0-25. Tel: 0300 300 0099 Address: 21 Digbeth, Birmingham B5 6BJ Website: <u>forwardthinkingbirmingham.nhs.uk/</u> <u>pause</u>

### **Birmingham and Solihull Mental Health Trust**

Support for over-26s, GP referral required. Tel: 0121 262 3555 or 0800 915 9292 Email: help@birminghammind.org Website: <u>www.bsmhft.nhs.uk</u>

# **Open Door Youth Counselling**

Free counselling for six sessions to those aged 12 - 26 if you are referred by your GP. Tel: 0121 454 1116 Website: <u>www.opendooryouthcounselling.org.uk</u>

## Beat

Supports people who have Eating Disorders. Helpline: 0808 801 0677 Email: help@beateatingdisorders.org.uk Website: <u>www.beateatingdisorders.org.uk/</u>

## Birmingham LGBT

Campaigns and Provides Support for LGBT people in Birmingham. Tel: 0121 643 0821 Email: hello@blgbt.org Website: <u>blgbt.org</u>

## **RSVP: Rape and Sexual Violence Project**

Provide Support to all people that may have experienced Sexual Violence. Tel: 0121 643 0301 Email: info@rsvporg.co.uk Website: www.rsvporg.co.uk

### Umbrella

Sexual Health Service. Tel: 0121 237 5700 Website: <u>umbrellahealth.co.uk</u>

# **ADDITIONAL HELP AND SUPPORT**

## **Talk To Frank**

For drug and alcohol misuse. Tel: 0300 123 6600 Email: frank@talktofrank.com Website: <u>www.talktofrank.com/</u>

## Autism West Midlands

Autism Resources and Support. Phone: 0121 450 7575 Email: info@autismwestmidlands.org.uk Website: <u>www.autismwestmidlands.org.uk</u>

## Mind

Educating and Campaigning on Mental Health Problems across the Board. Info Line: 0300 123 3393 Email: info@mind.org.uk Website: <u>www.mind.org.uk</u>

## The Samaritans

Provide confidential non-judgmental emotional support 24 hours a day for people experiencing feelings of distress. Helpline: 116 123 Email: jo@samaritans.org Website: <u>www.samaritans.org</u>

## **PAPYRUS Prevention of Young Suicide**

Provides support on Suicide Prevention. Tel: 0800 068 41 41 Text: 07860 039967 Email: pat@papyrus-uk.org Website: <u>www.papyrus-uk.org</u>

# **Mental Health Foundation**

Working on Supporting Mental Health for the individual and for the whole of society. Shout Crisis Textline: 85258 Rethink Advice: 0300 5000 927 Website: <u>www.mentalhealth.org.uk</u>

# CALM - Campaign Against Living Miserably

Mental Health and Suicide Support Helpline: 0800 585858 Webchat: <u>www.thecalmzone.net/get-</u> <u>support#open-calmbot</u>

### Aquarius

Alcohol, Drugs and Gambling. Tel: 0121 622 8181 Address: 236 Bristol Road, Edgbaston, Birmingham B5 7SL Email: headoffice@aquarius.org.uk Website: aquarius.org.uk

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