



BIRMINGHAM CITY
University



INSPIRED FESTIVAL

FAMILY DAY

» Have fun. Get creative. Be inspired. «



Welcome to a fun day packed with a range of
creative and inspiring activities for all ages.

WELCOME TO A FUN DAY PACKED WITH LOTS OF CREATIVE AND INSPIRING ACTIVITIES FOR ALL AGES.

From arts and crafts to games and music, there's so much to experience and enjoy together at our multi-million-pound City Centre Campus, situated at the heart of Birmingham's Eastside.

Children must be accompanied by an adult at all times.



WIN!

Keep an eye on your
email and fill in our feedback
form for a chance to

**WIN A £100 VIRGIN
EXPERIENCE DAYS
VOUCHER**

that you can exchange for
one of hundreds of fun
family experiences.

bcu.ac.uk/familyday

GRADUATE SHOWS

Explore the work of our final-year students, from fashion and textiles to architecture and graphic design.

AGE: All ages

TIME: All day

PLACE: Parkside Building

ART TRAIL

Students from BA (Hons) Illustration have created a series of characters, each representing a creative hobby. Explore our activities to find and collect stamps with matching items for each character. You can pick up a clues sheet from the Help Desk at Parkside or Curzon buildings. Return with a completed sheet to collect your reward!

AGE: All ages

TIME: All day

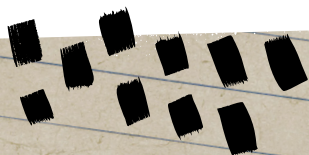
PLACE: Parkside Building
and Curzon Building

CALLING ALL BUDDING WRITERS

Following huge success last year, BCU Presents: **Benjamin Zephaniah Future Writers competition** is back. If you're a budding poet or love writing, this is for you! The competition encourages aspiring writers of all ages to submit poetry inspired by Benjamin's poem 'Nature Trail' to win a host of incredible prizes.

Take some promotional materials to share with family and friends and join one of our special poetry workshops which will be run by one of the judges for this year's competition.

You can find out more at bcu.ac.uk/future-writers



ALL DAY DROP-IN SESSIONS

No need to book, just turn up any time between 11am – 4pm.



WHAT'S ON	AGE/TIME	PLACE
PATTERNS IN NATURE Get hands-on and test your metalworking skills. Create your own pendant or keyring, using specialist tools to craft and finish your pieces. Anything you make at this family-friendly workshop, you can take home!	All ages All day	Parkside Atrium
COLLAGING THE CITY How can public spaces in the city work better in the future? How can they be more fun? More playful? More inclusive? Join us and show how you imagine key spaces across the city of Birmingham might change through collaging on top of them to create a speculative playful city of the future!	6+ All day	Parkside Atrium (rear)
IMAGINING PLAY Draw, sketch or doodle a memory of your favourite way to play. Think about which places, spaces or buildings are all about fun. The artwork will be collected and pinned to an interactive digital map, which will be projected onto a giant wall for everyone to enjoy! Explore the diverse spaces and communities that make our great city one massive playground!	All ages All day	Parkside Atrium (rear)
COMMUNITIES OF PLAY Join us on a giant playmat to build a community play area for all to enjoy! This space will give youngsters a chance to assemble prefabricated pieces made from plywood, PVC pipes and other connectors to imagine and create new spaces to play and explore in. (Limited number of players at a time.)	3 - 10yr All day	Parkside Atrium (rear)
YOUNG ARTISTS SOCIETY Imagine yourself as a famous historic artist using the costumes and props provided. The 'young artists' will be photographed and, using Apple's AI Playground software, transformed into 3D characters, which will be displayed in real time on a screen. The characters can also be printed and made into badges for the 'young artists' to take away.	All ages All day	Parkside Atrium
FRAME BY FRAME Create a colourful and dynamic animation with just a sheet of paper and felt-tip pens. Design your animation within the grid provided and watch it come to life on the screen in real time.	All ages All day	Parkside Atrium



WHAT'S ON	AGE/TIME	PLACE
BE A NEWSREADER Lights, camera, action! Have you ever wondered what it would be like to present the news? Have a go at reading a script from the autocue under the TV studio lights. Get a behind-the-scenes, first-hand look at how news broadcasts are made.	All ages All day	Studio A P036, Parkside ground floor
GROW GARDEN PLANTING Did you know that almost 20% of industrial pollution comes from textile dyeing and finishing? Join us in the Grow Garden to plant your own dye plant and learn about the nature-based solutions in the world of fashion and textiles.	All ages 11am - 1.15pm 2 - 4pm	Parkside Inner Courtyard, 3rd floor
EMOTION MASKS Learn about Swiss psychiatrist Hermann Rorschach and the famous inkblot test he invented to better understand his patients' emotional intelligence, personalities and thinking patterns. Inkblots were presented to patients and their feedback about each inkblot pattern provided him with fascinating insights. Unleash your inner Van Gogh and create inkblots of your own!	Recommended 3 - 8yr All day	C087, Curzon ground floor
CAN YOU BELIEVE WHAT YOU SEE? Can we really believe what we see around us? Have a go at psychology tasks, which will examine our perception, including visual illusions and distortion goggles! Meet our psychology team and find out about the research they are doing.	All ages All day	C087, Curzon ground floor
PLAY PALACE Babies, toddlers and even grown-ups too, are welcome to play all day in our play zone!	All ages; recommended for 0 - 5yr All day	C375, Curzon 3rd floor
CREATION STATION Get your creative juices flowing at the creation zone! Aimed at our youngest guests and for those young at heart too, this space is perfect to play, make and create.	All ages; recommended for 2 - 7yr All day	C372, Curzon 3rd floor

WHAT'S ON	AGE/TIME	PLACE
BASIC LIFE SUPPORT Learn some basic first aid, a skill that can help save lives, and meet our friendly Paramedic Science team.	7+ All day	C455 Curzon 4th Floor
HEALTHY EATING STATION Which vitamins and minerals are essential for our bodies to be healthy? Join our Dietetics team and learn more about the micronutrients present in our food. What is taste and why is it important? Test your palette in our fun taste challenge.	All ages All day	C455 Curzon 4th Floor
LAPAROSCOPY SIMULATION Ever wondered how laparoscopic surgery works? Meet staff from our Operating Department Practice team and watch a simulation of the procedure being performed.	7+ All day	C455 Curzon 4th Floor



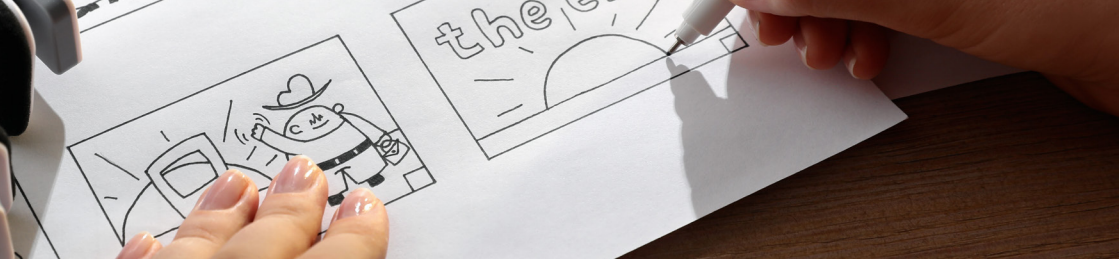
WHAT'S ON	AGE/TIME	PLACE
HOW STRONG ARE YOU? Test your grip strength using a device known as a dynamometer. Check your score against the strength range for your age and gender.	6+	C455 Curzon 4th Floor
	All day	
CAN YOU KEEP YOUR BALANCE? Test your balance and core strength on a wobble board - how long can you do? Just make sure you wear flat footwear for this activity!	6+	C455 Curzon 4th Floor
	All day	
DRAW AND PLAY Unleash your inner game-maker! Grab your crayons, and doodle your wildest characters, creatures, and gadgets, then zap them into the digital world with a quick scan. Watch your drawings come alive inside a computer game where you control the action. It's part art class, part adventure!	4+	C461, Curzon 4th Floor
	All day	
REPAIR LAB Broken headphones, Xbox controller, or keyboard? Help us reduce the amount of electronic and electrical waste by bringing your gadgets and small appliances to the Repair Lab, where our engineers will diagnose and fix the issue.	All ages	C458, Curzon 4th Floor
	All day	
FACE PAINTING Transform yourself into a terrific tiger, beautiful butterfly or something even more unique by popping down to our face painting station!	All ages	Curzon Building Foyer
	All day	
BIRMINGHAM AND SOLIHULL WOMEN'S AID Meet the friendly staff from Birmingham and Solihull Women's Aid and learn about their work supporting the local community and get involved in activities for the whole family.	All ages	Curzon Building Foyer
	All day	
BIRMINGHAM BOTANICAL GARDEN Find out about their Summer Programme, which includes theatre, music, film, markets, trails and of course lots of garden love, from bonsai to butterflies! Find out more about this oasis near the heart of Birmingham, their exciting plans for restoring this beautiful space and join the team in creating your own fancy flower to take away.	All ages	Curzon Building Foyer
	All day	

BOOKABLE ACTIVITIES

Please book at the Help Desk in Parkside Atrium or Curzon Foyer. Please note these activities are available on a first come first served basis.



WHAT'S ON	AGE/TIME	PLACE
RECORD A PODCAST Could you be a radio presenter? Get a behind-the-scenes, first-hand look at how broadcasts are made in one of our professional studios. Host your own podcast, learn how to tell stories for the airwaves and take home an audio clip of your recording.	All ages 11.30am - 12.15pm 12.30 - 1.15pm 2 - 2.45pm 3 - 3.45pm	Radio Studio 6, Parkside Ground Floor
NATURAL PRINTING Print your own tote bag using dried flowers from our own dye garden, as well as foraged foliage and food waste in this super sustainable and fun activity!	All ages 11.15 - 11.45am, 12 - 12.30pm, 12.45 - 1.15pm, 2.15 - 2.45pm, 3 - 3.30pm	P321, Parkside 3rd Floor
FUTURE WRITERS WORKSHOP Join us for an exciting, creative workshop as part of BCU's Benjamin Zephaniah Future Writers competition. In this session, you will have the opportunity to read and discuss examples of nature poems, inspired by this year's competition theme, 'Nature Trail'. You will consider form, sound, and performance in poetry. The workshop will be run by one of the judges for this year's competition, so it will also provide exercises and prompts to help students begin a draft poem for their Future Writers competition entry.	11.30am - 12.30pm: Students in Year Three, Year Four and Year Five 1 - 2pm: Students in Year Six and Year Seven	C378, Curzon 3rd Floor
INTERNATIONAL TRADE GAME Each team represents a country competing with others for a trade advantage. The objective for each country is to earn as much money for itself as possible using the given materials by selling them to the international trader. The country that earns the most money is the winner. Join this fun game and get competitive!	10+ 11.30am - 12.30pm, 1 - 2pm, 2.15 - 3.15pm	C456, Curzon, 3rd Floor
STORYBOARD WORKSHOP Have you ever wondered how your stories might be told in pictures? This activity will allow you to get creative and draw a storyboard scene by scene.	5+ 11.30am - 12.30pm, 1 - 2pm, 2.15 - 3.15pm	C459, Curzon 4th Floor



WHAT'S ON	AGE/TIME	PLACE
GAME DESIGN 101 Flex your creativity and design skills to make your very own board game in this fun session which is open to all.	All ages	C457, Curzon 3rd Floor
	11.45am - 12.45pm, 1.15 - 2.15pm, 2.30 - 3.30pm	
YOGA AND MINDFULNESS Come along and use your body and your imagination as we grow like a tree, stand tall like a mountain, and roar like a lion! We will be connecting with the breath, stretching the body, and having fun in this kids yoga session. Please note these workshops are for children aged 7 and over. Parents will be able to wait in the room next door during these sessions.	7 - 11yr	C463, Curzon 3rd Floor
	12 - 1pm, 1.30 - 2.30pm	
DRUMMING UP A STORM A hands on exploration of rhythms through various percussion instruments culminating in a group composition. Suitable for all the family, with plenty of opportunities for creativity - a groovy way to start the day!	All ages	Royal Birmingham Conservatoire
	11.30am - 12noon 12.15 - 12.45pm	





REFRESHMENTS AND FACILITIES

WHAT'S ON	TIME	PLACE
EAGLE & BALL Serving pizzas, hot and cold drinks to take away, as well as a range of food and drinks options in the pub	11am – 4pm	Eagle and Ball, Curzon Building
STARBUCKS Serving hot and cold drinks, snacks, sandwiches and sweet treats	10.30am – 4pm	Curzon Building, Upper Ground Floor
THE ASSEMBLY Serving hot dogs, burgers and ice cream	11am – 4pm	Curzon Building, Upper Ground Floor
STARBUCKS Serving hot and cold drinks, snacks, sandwiches, a selection of sweet and savoury treats and candy floss	10.30am – 4pm	Parkside Atrium
FIRST AID	All day	Parkside and Curzon Security Desks
BABY CHANGING AND BABY FEEDING SPACE	All day	C373, Curzon 3rd Floor



INSPIRED FESTIVAL

CELEBRATING CREATIVITY
AND INNOVATION AT BCU



WELCOME TO THE INSPIRED FESTIVAL

Inspired Family Day is part of BCU's Inspired Festival - an annual celebration, showcasing the talent and creativity of our arts, design and media students. Our students' work is exhibited throughout June across Birmingham city centre at a range of venues.

You'll be among the first to see this year's student creations at Family Day - including exhibitions in photography, fashion, product design, art, architecture, English and music.

At BCU, we're proud to offer our students world-class arts training including at our music conservatoire, renowned drama school, and the UK's largest centre for art, architecture, and design, complete with Europe's largest jewellery school.

See more of our students' work at bcu.ac.uk/inspired

CITY CENTRE CAMPUS MAP



KEY

- 1 ROYAL BIRMINGHAM CONSERVATOIRE
- 2 PARKSIDE BUILDING
- 3 CURZON BUILDING
- 4 EAGLE & BALL

Follow the
red arrow
to get to the
Eagle & Ball