

Module Specification

Module Summary Information

1	Module Title	Childhood and Mental Health
2	Module Credits	20
3	Module Level	Level 7
4	Module Code	LBR7484
5	Semester Taught	1

6	Module Overview
<p>Welcome</p> <p>Welcome to the ‘childhood and mental health’ module.</p> <p>This online distance learning level 7 module explores the multiplicity of individual, family, and social factors which influence childhood mental health and developmental wellbeing.</p> <p>This module aims to provide you with a flexible, supportive, and theory-practice led framework of learning which intends to foster and develop your awareness and critical analysis of a range of perinatal mental health, child development and attachment theories, safeguarding, and multi-agency service provision for children and families.</p> <p>Social, educational, political and statutory agencies have recognised and sought to ensure integrated statutory and non-statutory services identify and address the complex needs of vulnerable and abused children, as well as providing responsive and innovative programmes of care and intervention (Crouch et al. 2019; DfE 2022).</p> <p>Perinatal mental health and attachment issues can have a profound impact on the health and developmental needs of the child (Marmot, 2010; 2020). The ‘Future in Minds’ Department of Health (DH 2015) document acknowledges that despite service developments in childhood mental health in recent decades, children and young people’s mental health has failed to receive adequate priority and funding.</p> <p>Critically analysing and reflecting on multidisciplinary service developments, safeguarding policies, assessment, and interventions offered to children and families will enhance your appreciation of local, national, and international perspectives of perinatal mental health and developmental issues impacting on childhood and mental health.</p> <p>This module aligns with the Programme philosophy and is designed to be flexible, and practice led. You will have the opportunity to develop skills of enquiry, reflection and problem solving.</p> <p>A distance learning approach is taken (incorporating both online classroom taught sessions and online activities via Moodle) in line with the University’s learning and teaching strategy.</p> <p>You will be encouraged to think critically and share practice experiences with your fellow students, as well as engaging in both directed and self-directed learning activities.</p> <p>You will be an active partner in your own learning and development, and in return you will receive regular feedback and feedforward support, as well as individual and group tutorial</p>	

support aimed at developing your academic skills. You will also be offered regular opportunities to discuss your progress with the module team.

This module is aimed at nursing and other allied health care professionals and clinicians currently practicing in childhood, adolescent, and young adult mental health settings.

7 Indicative Content

This level 7 module will critically discuss, examine, evaluate, and appraise the incidence and nature of childhood mental health, attachment and development and perinatal mental health, as well as; explore risk and resilience, assessment, intervention, safeguarding, and the role of multi-agency health, education and social care services for children and families.

- **The incidence and nature** of childhood mental health and wellbeing.
- **Risk and resilience factors impacting on perinatal mental health** of the mother and the developmental wellbeing of the child
- **Theories of attachment and development** and their influence on children's emotional/ mental health.
- **The four-tier framework, tier-less services**, and social care programmes offered to children and families by child and adolescent mental health services and allied healthcare, educational and social care services.
- **Multisystemic and biopsychosocial approaches to assessment and interventions** offered to children and families.
- **Safeguarding policies and legislation influencing childhood mental health** and wellbeing and the role child and adolescent mental health services and allied professionals/ services play in protecting vulnerable children.

8		Module Learning Outcomes
On successful completion of the module, students will be able to:		
1	Utilising academic skills, retrieve and apply appropriate evidence and knowledge to demonstrate critical arguments required at level 7.	
2	Critically analyse and evaluate literature examining the importance of perinatal mental health and the impact this can have on the emotional health of the mother and developmental wellbeing of the child.	
3	Critically evaluate & appraise the literature to examine childhood mental health services including approaches to assessment and interventions for children presenting emotional and mental health problems.	
4	Critically appraise literature examining the effectiveness of safeguarding policies and critically reflect on your clinical role and other multidisciplinary clinicians/ services in the identification and protection of vulnerable children.	

9				Module Assessment
Learning Outcome Number <i>(from table 8)</i>	Coursework	Exam	In-Person	
1-4	100%			

10			Breakdown Learning and Teaching Activities
Learning Activities	Hours	Details of Duration, Frequency and other comments	
Scheduled Learning (SL) includes online lectures and workshops as specified in timetable	30 hours	2-hour online lectures x 15.	
Directed Learning (DL) includes placements, work-based learning, peer group learning external visits, on-line activity, Graduate+, peer learning, as directed on VLE	34 hours	3-hours asynchronous online content engagement x 10. 4-hours online tutorial support.	

Private Study (PS) includes preparation for exams	136 hours	Regular engagement with MOODLE-based learning resources, literature searching, reading, critical thinking and applying this to completion of module summative assessment.
Total Study Hours:	200 hours	

11	Key Texts and Online Learning Resources
<p>No books are recommended as must-purchase titles, due to the individual nature of academic skill development, diversity of clinical backgrounds of students completing this module, and the well-resourced University library. The following books/ articles/ reports are highly recommended and will be referred to throughout the module and are available via the online university resources:</p> <p><i>Baginsky, M., & Driscoll, J. (2022) Protecting and Safeguarding Children: A Multi-Agency approach. Bristol: Policy Press.</i></p> <p>DH (2015) Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing. Department of Health, NHS England. https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens Mental Health.pdf</p> <p><i>Fear, R. M. (2017) Attachment Theory: Working Towards a Learned Society. London: Karnac.</i></p> <p><i>Harris, R. (2018) Engaging with Complexity: Child and Adolescent Mental Health and Education. Taylor & Francis.</i></p> <p>Marmot, M (2020) The Marmot Review 10 Years On. Institute of Health Equity.</p> <p>Thompson, M., Hooper, C, Laver-Bradbury, C, & Gale, C. (2012) Child & Adolescent Mental Health Theory & Practice. London, (2nd Ed.), London, Hodder Arnold.</p>	

Useful Websites

Dept. of Health ; www.dh.gov.uk

Every Child Matters; www.everychildmatters.gov.uk

Young Minds; www.youngminds.org.uk

Family Today; www.nfi.org

Royal College of Psychiatrists: www.rcpsych.ac.uk

The Children's Society, www.the-childrens-society.org.uk

The National Children's Bureau; www.ncb.org.uk

The Trust for the Study of Adolescence. <http://www.tsa.uk.com>

Young People's Health Network. www.had-online.org.uk/yphn