

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	Pressure ulcer prevention and treatment
<b>2</b>	<b>Module Credits</b>	20
<b>3</b>	<b>Module Level</b>	7
<b>4</b>	<b>Module Code</b>	LBR7583
<b>5</b>	<b>Semester Taught</b>	2

<b>6</b>	<b>Module Overview</b>
<p>Pressure ulcers are a significant cause of morbidity and mortality across all age groups. Treating pressure ulcers is estimated to cost between £1.2 billion and £2.4 billion per year in the UK, therefore preventing pressure ulcers is high on the agenda for the NHS and for other healthcare institutions globally. This module will address the considerations needed to implement clinically effective pressure ulcer prevention and treatment strategies.</p> <p>The module aims to develop your understanding of the key concepts in pressure ulcer prevention and management. You will have the opportunity to critically reflect on the evidence-based principles underpinning pressure ulcer prevention and management and to explore the literature that currently guides practice. By fully engaging in this module, you will have the opportunity to further develop your critical analysis and judgement skills and the skills necessary to foster lifelong learning within this challenging field.</p> <p>This module is aimed at predominantly graduate healthcare practitioners who wish to explore the prevention and treatment of pressure ulcers.</p> <p>This module is an optional Level 7 Tissue Viability pathway module which can also be taken as a stand-alone module.</p> <p>This module aligns with the Professional Practice Programme philosophy and is designed to be flexible and practice led. You will have the opportunity to develop skills of enquiry, reflection and problem solving. A blended learning approach is taken in line with the university's learning and teaching strategy. You will be encouraged to think critically and share practice experiences with your fellow students, as well as engaging in both directed and self-directed learning activities. You will be an active partner in your own learning and development and in return you will receive regular feedback and feedforward aimed at developing your academic skills and have the opportunity to discuss your progress with the module team.</p>	

<b>7</b>	<b>Indicative Content</b>
<p>Introduction to the module          Introduction to the library          Academic skills          Physiology of the pressure ulcer          Pressure ulcer categorisation          Device related pressure ulcers</p>	

Risk factors, intrinsic and extrinsic  
 Pressure ulcer\_Risk assessment tools and their use  
 Equipment and pressure reduction techniques  
 Managing patients with pressure ulcers  
 Seating including posture  
 Patient safety – PSIRF  
 Safeguarding  
 Quality of life  
 International, National and local quality initiatives  
 Quality improvement

8		Module Learning Outcomes
<b>On successful completion of the module, students will be able to:</b>		
1	Utilising academic skills, retrieve and apply appropriate evidence and knowledge to formulate critical debate required at level 7.	
2	Critically reflect on own practice of conservative sharp wound debridement.	
3	Critically evaluate debridement techniques that may be utilised in clinical practice.	
4	Synthesise current evidence for advanced wound care options.	

9				Module Assessment
Learning Outcome Number <i>(from table 8)</i>	Coursework	Exam	In-Person	
1,2,3,4			100%	

10			Breakdown Learning and Teaching Activities
Learning Activities	Hours	Details of Duration, Frequency and other comments	
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops as specified in timetable	32	x four 7.5 hour study days delivered synchronously online X two 1 hour optional group tutorials	
<b>Directed Learning (DL)</b> includes placements, work-based learning, peer group learning external visits, on-line activity, Graduate+, peer	15	Online activities – workbooks, pre session work, database searching activity.	

learning, as directed on VLE		
<b>Private Study (PS)</b> includes preparation for exams	153	Preparation for end point assessment, reading, accessing resources and links on Moodle
<b>Total Study Hours:</b>	200	

<b>11</b>	<b>Key Texts and Online Learning Resources</b>
<p>Nix, D. and Bryant, R, (2016) <i>Acute and Chronic Wounds. 5th ed.</i> St Louis: Mosby Elsevier - Section 2, Chapter 7</p> <p>Baranowski, S. and Ayello, E.A. (2020) <i>Wound Care Essentials Practice Principles. 5th ed.</i> China: Wolters Kluwer. - Chapters 11 and 13. Chapter 22 (Pressure ulcers in neonatal and paediatric populations)</p> <p>Greenhalgh, T. (2019) <i>How to read a paper. 6th ed.</i> Chichester: BMJ Books</p> <p>Journal of Wound Care</p> <p>Journal of Tissue Viability</p> <p>International Wound Journal</p> <p>Wound Repair and Regeneration</p> <p>Wounds UK - <a href="http://www.wounds-uk.com/journal">http://www.wounds-uk.com/journal</a></p> <p>NICE (2014) <i>Pressure Ulcers: prevention and management [CG179]</i>  <a href="https://www.nice.org.uk/guidance/cg179">https://www.nice.org.uk/guidance/cg179</a></p> <p><a href="https://www.epuap.org/">https://www.epuap.org/</a>  <a href="https://npiap.com/">https://npiap.com/</a>  <a href="https://pppia.org/">https://pppia.org/</a>  <a href="#">The Society of Tissue Viability   Formerly known as the TVS</a></p> <p><a href="#">EWMA - European Wound Management Association - ewma.org</a></p>	