

## **MFA (Hons) Acting**

Essential equipment

### ***Essential male and female clothing:***

In the current circumstances, you will need to ensure that you bring with you:

- face masks or coverings
- hand sanitising gel

You are likely to undertake floor work of various kinds (for instance, somatic movement practice such as Feldenkrais or Yoga, or release work and breathing in Voice) and you may wish to provide your own yoga mat. (Or you can work on the floor without the aid of a mat.)

- Minimum of 3 sets of black clothing:
  - Long & short sleeved black tops that are suitable for movement (t-shirts or jumpers)
  - Black tracksuit trousers
  - Close fitting lycra /sports-wear or leotards, footless tights or leggings
- Pair of trainers (to be worn in stage combat/body conditioning classes)
- Toiletries and towel for showering

### ***Optional male & female equipment:***

- Large sports bag

### ***Additional essential female clothing:***

- Practice skirt (full-length circular wrap-over skirt to floor level (to be made from any dark rich, plain coloured material, preferably heavy wool or similar)
- White long sleeved blouse/shirt
- Pair of black shoes with leather ankle bar

### ***Optional female clothing:***

- Corset
- It would be desirable for girls to have a black dress for movement classes, either sleeved or sleeveless; with easy flowing skirt to mid-thigh (for presentations)

### ***Additional essential male clothing:***

- White long sleeve shirt
- Formal, waisted, black trousers (NOT hipsters)
- Pair of formal gentleman's black shoes (hard soled NOT rubber)
- *Compulsory:* dance belt or jock strap - must be worn in all movement sessions

### ***Optional male clothing:***

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- Waistcoat - desirable but not essential
- Formal jacket preferably black but grey/blue is fine