

Course Specification

Cou	Course Summary Information			
1	Course Title		Examination of the newborn and infant physical	
			examination, (Level 7)	
2	BCU Course	UCAS Code	MID7002	
	Code			
3	Awarding Institution		Birmingham City University	
4	Teaching Institution(s)			
	(if different from point 3)			
5	Professional Statutory or		N/A	
	Regulatory Body (PSRB)			
	accreditation (if a	applicable)		

6 Course Description

The part time course for examination of the newborn is delivered over 20 weeks and prepares midwives, nurses, and specialist community public health nurses to undertake a holistic examination of the newborn and infant. This includes Public Health England (PHE, 2019) requirements to become a Newborn and Infant Physical Examination Screening (NIPE) Practitioner. The course is part time and is offered at level 7.

What's covered in the course?

You will learn about the normal fetal, newborn and infant development and function of the body systems in order that you can then identify deviations from normal parameters. The NICE postnatal guideline (NICE, 2006, updated 2015) requires continued care and monitoring of the infant during the postnatal period and this module will also include complex conditions of the newborn infant. You will critically evaluate how maternal, family and environmental factors contribute to fetal and infant development. You will be able to identify variations from normal development, considering how they occur and how they manifest. You will be prepared to practice autonomously, whilst recognising when there is a need to refer to the multidisciplinary team. You will consider communication with parents and families as well as to support them where health promotion opportunities arise. The PHE (2019) screening programme requirements include screening of heart, hips, eyes and testes and these will be explored in detail so that you are prepared to take on the role of NIPE practitioner and be competent to refer appropriately as per PHE requirements (PHE, 2019).

The theoretical component of the course is delivered at BCU, whilst you need to organise the practical component to ensure you have the opportunity to complete a minimum of 20 assessed holistic examinations of the newborn. You may find there are local determined numbers of



assessments required before you can practice independently on qualification. PHE (2019) stipulate that you will need to work with an appropriately qualified practitioner who is competent to undertake all elements of the PHE screening pathway. This will be a midwife, nurse or health visitor who has successfully completed a university accredited "examination of the newborn" programme of study or be a doctor (paediatrician/neonatologist or GP). They will assess your practice using a locally agreed competencies as per PHE (2019) requirements.

You will need to ensure you acquire and maintain a current evidence base to support practice, and you should be conversant with national and local guidance, procedures and priorities. On successful completion of the course, you will be awarded 40 credits at level 7 and in addition, you will receive a Certificate in Examination of the Newborn (theory and practical components). This will allow you to work as a NIPE practitioner in accordance with locally agreed policies and procedures within the clinical area.

References

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE. (2006) Postnatal care: routine postnatal care of women and their babies (updated 2015). London: NICE.

PUBLIC HEALTH ENGLAND (2019) NHS Newborn and Infant Physical Examination Screening Programme Handbook (PHE, 2019). www.gov.uk.

7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
	Examination of the newborn and infant physical examination (Level 7)	7	40
7b	Exit Awards and Credits Awarded		
	Not applicable		

8	Derogation from the University Regulations
	For modules with more than one item of assessment, the pass mark must be achieved in each
	item of assessment in order to pass the module overall.
	Students may be permitted to transfer between courses after the Monday of week 4 of semester
	one, where this transfer is to another examination of the newborn module (level 6).

9	Delivery Patterns			
Mode(s) of Study		Location	Duration of Study	Code
Part Time		City South	20 weeks	MID7002



10 Entry Requirements

The admission requirements for this course are stated on the course page of the BCU website at https://www.bcu.ac.uk/ The requirement is that you are a qualified midwife, nurse, or specialist community public health nurse. You must have secured clinical support and you must have evidence of continued professional development during the previous 5 years.

11	Course Learning Outcomes level 7
	At the end of the course, you will be able to:
1	Employ advanced knowledge in critically reviewing maternal, embryological fetal and neonatal
	history to inform holistic examination of the newborn.
2	Exhibit skills of the holistic newborn physical examiner providing sound justification for decision
	making based on current evidence.
3	Judiciously appraise current national and international evidence that informs clinical decision
	making for the accountable NIPE practitioner, whilst ensuring the principles of the NMC Code
	(2018) are maintained when planning and managing care.
4	Demonstrate achievement of PHE standards of competency and the minimum number of holistic
	examinations of the newborn.

12a In order to complete this course you must successfully complete all components of the module. You must be deemed safe, effective and proficient in clinical practice, and you must provide evidence of competence. This will be assessed when you perform a minimum of 20 complete holistic examinations of the newborn or infant in accordance to PHE requirements (2019).



13 Overall Student Workload and Balance of Assessment

Overall your *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time you will need to allocate to different activities

- Scheduled Learning includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- Private Study includes preparation for exams

The balance of assessment by mode of assessment (e.g. coursework, exam and in-person) is shown below.

Level 7

Workload

17.5% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	70
Directed Learning	130
Private Study	200
Total Hours	400

Balance of Assessment

Assessment Mode	Percentage
Coursework	50%
In-Person	50%
In-Person	Pass/fail