



BIRMINGHAM CITY  
University

# Irish mental health in Birmingham: what is appropriate and culturally- competent primary care?



A partnership project



IRISH WELFARE &  
INFORMATION CENTRE

*Helping to Build a Vibrant Irish Community*

Balsall Heath Health Centre

Birmingham and Solihull



Mental Health NHS Trust

## What helped

- \* **Commitment of the key people**
- \* **Role of organisations in introductions and access**
- \* **Good administrative support**
- \* **Lord Mayor, Mike Sharpe**
- \* **NHS GP Practice**
- \* **Linkworkers**

## Issues

- \* **Initial agenda of some voluntary organisations**
- \* **Building relationships and trust**
- \* **Lack of up to date directories/databases**
- \* **Engagement with the NHS**
- \* **Referrals for help**
- \* **Permissions, access and ethical review**
- \* **Communication**
- \* **Safety**
- \* **Content**