Course Specification

Course Summary Information				
1	**Course Title**		FdSc Sports Coaching & Development	
2	**Course Code**	**UCAS Code**	UF0517	1196
3	**Awarding Institution**		Birmingham City University.	
4	**Teaching Institution(s)** (if different from point 3)		Aston Villa Foundation	
5	**Professional Statutory or Regulatory Body (PSRB) accreditation** (if applicable)		Not Applicable	

6	**Course Description**
	The course content is designed to ensure graduates develop the pedagogical practice required to coach participants across a range of ages and abilities, as well as the delivery across all Aston Villa Foundation delivery areas in both School and Community settings. Following graduation, you will be in a position to gain employment within a sports coaching and other community-based development opportunities. You will also be able to continue your undergraduate studies, including complementary BSc (Hons) sports courses through Birmingham City University.
	What's covered in the course?
	We will help you develop a keen understanding of your own coaching philosophy and provide you with industry and socio-cultural factors that influence the wider context of sport and the work of the Aston Villa Foundation. You will gain practical application of the theoretical underpinnings of coaching and have access to hands-on experiences across various community settings. Furthermore, you will learn about sport development principles and how they align to community work by addressing both societal and contemporary issues.
	The course will give you the opportunity to understand the work of Football Foundations across primary school and alternative education settings, focusing on the work that community sport plays in complimenting the national curriculum. You will learn about the contemporary information that educators within this sector require. In addition, the course will explore health and wellbeing environments, which will help you to embed both mental and physical attributes in your coaching practice. This is also an opportunity for you to gain the knowledge and skills needed to negotiate different challenges in your future profession. To help build these skills, you will go on placements, working face-to-face and gaining first-hand experience in a coaching, community or school environment, which will enhance your future employability and personal network.
	The course will allow you to study at Villa Park, the home of Aston Villa Football Club, as well as the recently extended Birmingham City University campus in Edgbaston, Birmingham. These facilities will expose you to state-of-the-art sport and development environments, as well as access to cutting-edge resources and designated sport areas.

7	Course Awards		
7a	**Name of Final Award**	**Level**	**Credits Awarded**
	FdSc Sports Coaching and Development	Level 5	240
7b	**Exit Awards and Credits Awarded**		
	Certificate in Higher Education Sports Coaching and Development	Level 4	120

8	Derogation from the University Regulations
	None

9	Delivery Patterns			
	Mode(s) of Study	**Location(s) of Study**	**Duration of Study**	**Code(s)**
	Full-time	Aston Villa Foundation	2 years	UF0517

10	Entry Requirements
	64 to 80 UCAS points
	At least 5 GCSE Grade 4 or above including Maths and English
	https://www.bcu.ac.uk/courses/sports-coaching-and-development-fdsc-2022-23#entry_requirements

11	Course Learning Outcomes
1	Demonstrate an extensive and informed understanding of theoretical concepts relating to high quality sports coaching and sports development principles.
2	Apply innovative and appropriate coaching principles and techniques in a range of appropriate sports and community settings.
3	Demonstrate a capacity to engage in self-reflection to continue to learn and undertake additional professional training in a range of sports coaching and community contexts.
4	Apply knowledge of physical activity and health to a range of sports coaching and community contexts.
5	Evaluate the roles and responsibilities of the sports coach when working with diverse populations within a sport and community setting.
6	Apply knowledge of professional practice processes including safeguarding, risk assessments, welfare, health & safety, and evaluation processes.
7	Review established literature on current contemporary issues in sports coaching and community contexts.
8	Demonstrate knowledge of equality, diversity, and inclusion alongside the influence on those in sport and community contexts.

9	Demonstrate appropriate interpersonal skills that are required for the professions of sports coaching and community contexts.
10	Evaluate research in sports coaching and development to draw appropriate conclusions to provide evidence-based recommendations.
11	Demonstrate a wide-range of transferable employability skills (e.g., communication & literacy, problem solving, numerical techniques, independent learning and working, teamwork, ICT).
12	Understand the role of the sports coach and practitioners within multi- and inter-disciplinary partnerships.

12	**Course Requirements**
12a	**Level 4:**

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPD4000	Orientation to Higher Education & Research in Sport	20
SPE4001	Introduction to Physical Education & School Sport	20
SPC4002	The Coaching Process	20
SPD4001	Equality, Diversity & Inclusion in Sport	20
SPD4002	Coaching in the Community	20
SPD4003	Sports Development & Interventions	20

Level 5:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPD5003	Sports Coaching & Development: Professional Practice	40
SPD5000	Elite Coaching Practice	20
SPE5001	Sport, Physical Activity & Health in Practice	20
SPD5001	Contemporary Issues in Sports Coaching & Development	20
SPX5002	Planning & Conducting Research	20

Level 4

SEMESTER ONE	SEMESTER TWO
Core SPD4000 Orientation to Higher Education & Research in Sport (20 credits)	Core SPD4001 Equality, Diversity & Inclusion in Sport (20 credits)
Core SPE4001 Introduction to Physical Education & School Sport (20 credits)	Core SPD4002 Coaching in the Community (20 credits)
Core SPC4002 The Coaching Process (20 credits)	Core SPD4003 Sports Development & Interventions (20 credits)

Level 5

SEMESTER ONE	SEMESTER TWO
Core SPD5000 Elite Coaching Practice (20 credits)	Core SPD5001 Contemporary Issues in Sports Coaching & Development (20 credits)
Core SPE5001 Sport, Physical Activity & Health in Practice (20 credits)	Core SPX5002 Planning & Conducting Research (20 credits)
Core SPD5003 Sports Coaching & Development: Professional Practice (40 Credits)	

13	Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 2400 hours. The following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- *Scheduled Learning* includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- *Private Study* includes preparation for exams

. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

Level 4

Workload

54.25% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	237 (19.75%)
Directed Learning	414 (34.5%)
Private Study	549 (45.75%)
Total Hours	1200 (100%)

Balance of Assessment

Assessment Mode	Percentage
Coursework	75%
Exam	0
In-Person	25%

Level 5

Workload

51.66% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	169 (14.08%)
Directed Learning	451 (37.58%)
Private Study	580 (48.33%)
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	65%
Exam	5%
In-Person	30%