Week	Date	Year One					Year Two					Year Three				
		M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	4th Sept															
2	11th Sept															
3	18th Sept															
4	25th Sept															
5	2nd Oct															
6	9th Oct															
7	16th Oct															
8	23rd Oct															
9	30th Oct															
10	6th Nov															
11	13th Nov	1														
12	20th Nov	2														
13	27th Nov	3														
14	4th Dec	4														
15	11th Dec	5	6	7	8	9						1	2	3	4	5
16	18th Dec															
17	25th Dec															
18	1st Jan															
19	8th Jan	10	11	12	13	14						10	6	7	11	12
20	15th Jan	15	16	17	18	19						13	8	9	14	15
21	22nd Jan											16			17	18
22	29th Jan											19			20	21
23	5th Feb											22			23	24
24	12th Feb															
25	19th Feb											25			26	27
26	26th Feb											28			29	30
27	4th March											31			32	33
28	11th March											34			35	36
29	18th March											37			38	39
30	25th March															
31	1st April															
32	8th April	20										40			41	42
33	15th April	21										43			44	45
34	22nd April	22	23	24	25	26						46			47	48
35	29th April	27	28	28	29	30						49			50	51
36	6th May							2	3	4	5				53	54
37	13th May						6	7	8	9	10	55			56	57
38	20th May						11	12	13	14	15	58			59	60
39	27th May															
40	3rd June						16	17	18	19	20					
41	10th June						21	22	23	24	25					
42	17th June						26	27	28	29	30					
43	24th June						31	32	33	34	35					

44	1st July							36	37	38	39	40						
45	8th July																	
46	15th July																	
47	22nd July																	