

# **Course Specification**

Cou	Course Summary Information			
1	Course Title		Foundation Year (Health Sciences Pathway) Leading to	
			BSc (Hons) Mental Health Nursing with Foundation Year	
2	Course Code	UCAS Code	US0610F-03	B76F
3	Awarding Institution		Birmingham City University	
4	Teaching Institution(s)			
	(if different from point 3)			
5	Professional Statutory or			
	Regulatory Body (PSRB)			
	accreditation (if a	applicable)		

# 6 Course Description

## Why choose a foundation year course?

By studying a foundation year in the Health Sciences pathway, your first year will be spent learning a wide range of broad subject areas which then open up opportunities for you to specialise further in your next year – which would be the first year of a full degree course.

As a student you will undertake a foundation year situated at level 3 study. Your study will be broad in subject focus and has been designed a prelude to degree study and not just one particular BSc degree. The course provides opportunities for you to develop your knowledge, skills, understanding and the expectations of learning in higher education. Your learning journey through your foundation year will provide a secure platform on which you can build throughout your academic career in higher education.

As part of the foundation year, you will explore and develop a number of essential academic, interpersonal and professional skills that will help you succeed in your future degree level studies. Your foundation year includes four core modules and two subject pathway (Health Sciences) modules.

#### **Core Modules**

Academic Skills for Success Interpersonal Skills and Professional Behaviours Equality, Diversity and Inclusivity Negotiated Studies

#### **Health Sciences Pathway Modules**

Introduction to Human Biology Health and Well-being in Society

When studying on the core modules during the foundation year, classes will consist of a mixture of fellow students from two additional foundation year pathways:

Society, Childhood and Education Sport and Physical Activity

This has been done to provide you will opportunities to learn and share knowledge from within a diverse learning community. For subject pathway modules you can expect to study alongside



fellow students with similar subject interests, allowing for the development and sharing of discipline-based knowledge. Right from the start you will be asked to consider the all-inclusive nature of the roles played within the Health Sciences pathway.

### Please note: entry requirements for degree course

Upon completion of your Foundation Year, if your chosen course is regulated by a professional body such as the Nursing and Midwifery Council, Health and Care Professions Council or the National College for Teaching and Leadership, you will be required to successfully complete the University's selection process for the specific course which will include an interview in order to proceed onto year one of the full degree course. Entry onto year one of the degree course will also be subject to a satisfactory DBS and Occupational Health Assessment if these are required for your chosen course.

7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
7b	Exit Awards and Credits Awarded		
	Foundation Certificate in Health Sciences	3	120

8	Derogation from the University Regulations
	Not applicable

9	Delivery Patterns			
Mode(s) of Study		Location	Duration of Study	Code
Full Time		City South	1 year	US0610F

## 10 Entry Requirements

The admission requirements for this course are stated on the course page of the BCU website at <a href="https://www.bcu.ac.uk/">https://www.bcu.ac.uk/</a> or may be found by searching for the course entry profile located on the UCAS website.

11	Course Learning Outcomes
	By the end of your course you will:
1	Have a broad and deep knowledge of education in all areas of life, both in and outside schools.
2	Understand how education interacts with other disciplines, including history, law, politics, sociology, and psychology.
3	Become a confident, ambitious learner with a reflective approach to your learning and development.
4	Be a critical, rational and innovative thinker, who is confident, adaptable and capable of independent enquiry.
5	Conceive, develop and investigate research questions using appropriate methods.
6	Have the ability to critically engage with, organise, and analyse information from a range of
	sources.
7	Be able to apply effective time management and organisational skills.
8	Demonstrate confident communication skills and cultural competence.



9	Be ready to take your place as an active, co-operative and responsible citizen in local and global society.
10	Be readily employable, and well-equipped for active lifelong learning and professional practice.
11	Conduct yourself in a manner that is consistent with the values of your future profession.
12	Become an autonomous learner, who is confident, adaptable and capable of independent enquiry
13	Demonstrate a commitment to continuing personal and professional development and career planning.
14	Demonstrate an ability to adapt behaviours in accordance with diverse cultural needs.
15	Show sensitivity to contextual and interpersonal behaviours.
16	Have a wide range of intellectual and key skills, and reflective approach to learning.
17	Demonstrate excellent communication skills through a variety of modes and cultural awareness.
18	Exhibit skills of academic writing and presentation results.
19	Demonstrate a wide-range of transferable skills to appropriately prepare for higher levels of
	study and employment (e.g. communication and literacy, problem solving, numerical techniques,
	independent learning and working, teamwork, ICT etc.).
20	Be able to apply effective time management and organisational skills.
21	Be able to work effectively in a multidisciplinary team and adopt a partnership approach.
22	Adopt and integrate multiple perspectives and explore the relationships between them.



# 12 Course Requirements

### 12a Level 3:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
HEL3000	Academic Skills for Success	20
HEL3001	Interpersonal Skills and Professional Behaviours	20
HEL3002	Equality, Diversity and Inclusivity	20
HEL3003	Negotiated Studies	20
HEL3006	Introduction to Human Biology	20
HEL3008	Health and Well-being in Society	20



## 12b Structure Diagram

#### Level 3

SEMESTER ONE	SEMESTER TWO
HEL3006: Introduction to Human Biology (20 credits)	HEL3008: Health and Well-being in Society (20 credits)
HEL3000: Academic Skills for Success	HEL3002: Equality, Diversity and Inclusivity
(20 credits)	(20 credits)
HEL3001: Interpersonal Skills and Professional	HEL3003: Negotiated Studies
Behaviours	(20 credits)
(20 credits)	

#### 13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- Scheduled Learning includes lectures, practical classes and workshops, contact time specified in timetable
- Directed Learning includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- Private Study includes preparation for exams

The *balance of assessment* by mode of assessment (e.g. coursework, exam and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

#### Level 3

#### **Workload**

## 40% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	488
Directed Learning	144
Private Study	568
Total Hours	1200

# **Balance of Assessment**

Assessment Mode	Percentage
Coursework	83.3%
Exam	16.7%
In-Person	0