Course Specification

Course Summary Information		
1	**Course Title**	BSc (Hons) Sports Coaching and Physical Education
2	**Course Code**	US0979
3	**Awarding Institution**	Birmingham City University
4	**Teaching Institution(s)** (if different from point 3)	N/A
5	**Professional Statutory or Regulatory Body (PSRB) accreditation** (if applicable)	Chartered institute for the Management of Sport and Physical Activity (CIMPSA)

6	**Course Description** (Marketing text for website)
	The course content is designed to ensure graduates develop the pedagogical practice required to coach athletes across a range of ages and abilities, as well as the delivery of all areas of the Physical Education curriculum at both Primary and Secondary school level. Following graduation, you will be in a position to gain employment within a sports coaching or school sport setting, or embark on postgraduate studies, such as a PGCE in Physical Education. **What's covered in the course?** We will help you develop a keen understanding of your own coaching and teaching philosophy, along with providing you with industry and cultural factors that influence the wider context of sport. You will gain practical application of the theoretical underpinnings of coaching and PE teaching and have access to hands-on experiences. Physical education continues to be an important part of Government agendas, so with this in mind, you will also learn relevant and up-to-date information that is linked and mapped to the National Curriculum for Physical Education (NCPE). You will be taught the contemporary information that educators within this sector require. It won't just be about sport either; you'll be looking at different aspects of health and people at opposite ends of the health spectrum. It's a chance for you to gain the knowledge and skills needed to negotiate different challenges in your future profession. To help build these skills, you'll go on placements, working face-to-face and gaining first-hand experience in a coaching and/or school environment, something which will enhance your future employability. Teaching for this course is split between our campus in Edgbaston, Birmingham, and the world-class Alexander Stadium in Perry Barr, Birmingham which contains our state-of-the-art sport and exercise laboratories, sports therapy rooms and cutting-edge resources. The Stadium was home to the Commonwealth Games in summer 2022, and the University has invested an additional £5m in areas across both main stands for our practical sports teaching and learning activities.

7	Course Awards		
7a	**Name of Final Award**	**Level**	**Credits Awarded**
	Bachelor of Science (with Honours) Sports Coaching and Physical Education	Level 6	360
7b	**Exit Awards and Credits Awarded**		
	Certificate of Higher Education Sport Diploma of Higher Education Sport Bachelor of Science Sport	Level 4 Level 5 Level 6	120 240 300

8	Variation from the University Regulations
	Not applicable.

9	Delivery Patterns		
Mode(s) of Study	**Location(s) of Study**	**Duration of Study**	**Code(s)**
Full Time	Alexander Stadium, Doug Ellis Sports Centre, City South	3 years	US0979

10	Entry Requirements
The admission requirements for this course are stated on the course page of the BCU website at https://www.bcu.ac.uk/courses/sports-coaching-physical-education-bsc-hons-2020-21 or may be found by searching for the course entry profile located on the UCAS website.	

11	Course Learning Outcomes
1	Demonstrate an extensive and up to date critically informed understanding of theoretical concepts relating to high quality sports coaching and physical education pedagogy.
2	Apply innovative and appropriate pedagogical techniques in a range of appropriate sports coaching and physical education settings.
3	Demonstrate a capacity to engage in critical self-reflection to continue to learn and undertake additional professional training in a range of sports coaching and physical education contexts.
4	Demonstrate practitioner research skills for improved practice within a sports coaching and physical education pedagogy context.
5	Apply knowledge of exercise physiology, sport psychology, health enhancing physical activity, and human development to a range of sports coaching and physical education contexts.
6	Evaluate the roles and responsibilities of adults within a sports coaching and physical education context.
7	Critically utilise interdisciplinary knowledge connections in order to optimise individual learning.
8	Demonstrate knowledge of safe practice and safeguarding to reduce and manage risk in a range of sports coaching and physical education contexts.
9	Critically review established literature on current contemporary issues in sports coaching and physical education.
10	Critically review and adapt behaviours that inclusively embrace culturally diverse learners' needs.
11	Demonstrate appropriate interpersonal skills that are required for the professions of sports coaching and physical education.

12	**Course Requirements**

12a *Individual levels below to be deleted where not applicable.*

Level 4:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPC4002	The Coaching Process	20
SPC4000	Principles of Performance Analysis	20
SPE4001	Introduction to Physical Education and School Sport	20
SPE4002	Children's Development: Physical, Emotional, Health, and Wellbeing	20
SPX4008	Introduction to Academic Skills for Sport and Exercise	20
SPX4005	Becoming a Practitioner in Sport and Exercise	20

Level 5:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPC5002	Sports Coaching and Physical Education: Professional Practice 1	40
SPC5001	Contemporary Issues in Sports Coaching and Physical Education	20
SPE5001	Sport, Physical Activity, and Health in Practice	20
SPC5000	Applied Pedagogy in Sports Coaching and Physical Education	20
SPX5009	Research Skills and Data Analysis	20

Level 6:

In order to complete this course a student must successfully complete all the following CORE modules (totalling 120 credits):

Module Code	Module Name	Credit Value
SPC6000	Sports Coaching and Physical Education: Professional Practice 2	40
SPC6001	High Performance Sports Coaching	20
SPX6000	Independent Research Project	40
SPX6014	Psychology of Talent Identification and Development in Sport	20

12b Structure Diagram

Level 4

SEMESTER ONE	SEMESTER TWO
All core modules SPE4001 Introduction to Physical Education and School Sport (20 credits) SPX4008 Introduction to Academic Skills for Sport and Exercise (20 credits) SPC4002 The Coaching Process (20 credits)	*All core modules* SPX4005 Becoming a Practitioner in Sport and Exercise (20 credits) SPE4002 Children's Development: Physical, Emotional, Health, and Wellbeing (20 credits) SPC4000 Principles of Performance Analysis (20 credits)

Level 5

All core modules SPC5000 Applied Pedagogy in Sports Coaching and Physical Education (20 credits) SPE5001 Sport, Physical Activity, and Health in Practice (20 credits)	*All core modules* SPX5009 Research Skills and Data Analysis (20 credits) SPC5001 Contemporary Issues in Sports Coaching and Physical Education (20 credits)
SPC5002 Sports Coaching and Physical Education: Professional Practice 1 (40 credits)	

Level 6

All core modules SPC6001 High Performance Sports Coaching (20 credits)	*All core modules* SPX6014 Psychology of Talent Identification and Development in Sport (20 credits)
SPC6000 Sports Coaching and Physical Education: Professional Practice 2 (40 credits)	
SPX6000 Independent Research Project (40 credits)	

13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- *Scheduled Learning* includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- *Private Study* includes preparation for exams

The *balance of assessment* by mode of assessment (e.g. coursework, exam and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

Level 4

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	240
Directed Learning	422
Private Study	538
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	44%
Exam	12%
In-Person	44%

Level 5

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	176
Directed Learning	472
Private Study	552
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	20
Exam	0
In-Person	80

Level 6

Workload

% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	99.5
Directed Learning	385
Private Study	715.5
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	50
Exam	0
In-Person	50