

Course Specification

Course Summary Information		
1	Course Title	BSc (Hons) Sports Coaching and Physical Education
2	Course Code	US0979
3	Awarding Institution	Birmingham City University
4	Teaching Institution(s) (if different from point 3)	N/A
5	Professional Statutory or Regulatory Body (PSRB) accreditation (if applicable)	

6	Course Description
	<p>The course content is designed to ensure graduates develop the pedagogical practice required to coach athletes across a range of ages and abilities, as well as the delivery of all areas of the Physical Education curriculum at both Primary and Secondary school level. Following graduation, you will be in a position to gain employment within a sports coaching or school sport setting, or embark on postgraduate studies, such as a PGCE in Physical Education or an MSc in High Performance Sports Coaching, both of which are offered here at Birmingham City University.</p> <p>What's covered in the course?</p> <p>We will help you develop a keen understanding of your own coaching and teaching philosophy, along with providing you with industry and cultural factors that influence the wider context of sport. You will gain practical application of the theoretical underpinnings of coaching and PE teaching and have access to hands-on experiences.</p> <p>Physical education continues to be an important part of Government agendas, so with this in mind, you will also learn relevant and up-to-date information that is linked and mapped to the National Curriculum for Physical Education (NCPE). You will be taught the contemporary information that educators within this sector require. It won't just be about sport either; you'll be looking at different aspects of health and people at opposite ends of the health spectrum. It's a chance for you to gain the knowledge and skills needed to negotiate different challenges in your future profession.</p> <p>To help build these skills, you'll go on placements, working face-to-face and gaining first-hand experience in a coaching and/or school environment, something which will enhance your future employability.</p> <p>By studying this course, you'll be studying at our recently extended campus in Edgbaston, Birmingham, which contains a state-of-the-art sport and exercise laboratory, sports therapy rooms, cutting-edge resources and a designated sports area.</p>

7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
	Bachelor of Science (with Honours) Sports Coaching and Physical Education	Level 6	360
7b	Exit Awards and Credits Awarded		
	Certificate of Higher Education Sport	Level 4	120
	Diploma of Higher Education Sport	Level 5	240
	Bachelor of Science Sport	Level 6	300

8	Derogation from the University Regulations		
	Not applicable.		

9	Delivery Patterns			
	Mode(s) of Study	Location(s) of Study	Duration of Study	Code(s)
	Full Time	City South	3 years	US0979

10	Entry Requirements		
	The admission requirements for this course are stated on the course page of the BCU website . Or may be found by searching for the course entry profile located on the UCAS website.		

11	Course Learning Outcomes		
1	Demonstrate an extensive and up to date critically informed understanding of theoretical concepts relating to high quality sports coaching and physical education pedagogy.		
2	Apply innovative and appropriate pedagogical techniques in a range of appropriate sports coaching and physical education settings.		
3	Demonstrate a capacity to engage in critical self-reflection to continue to learn and undertake additional professional training in a range of sports coaching and physical education contexts.		
4	Demonstrate practitioner research skills for improved practice within a sports coaching and physical education pedagogy context.		
5	Apply knowledge of exercise physiology, sport psychology, health enhancing physical activity, and human development to a range of sports coaching and physical education contexts.		
6	Evaluate the roles and responsibilities of adults within a sports coaching and physical education context.		
7	Critically utilise interdisciplinary knowledge connections in order to optimise individual learning.		
8	Demonstrate knowledge of safe practice and safeguarding to reduce and manage risk in a range of sports coaching and physical education contexts.		
9	Critically review established literature on current contemporary issues in sports coaching and physical education.		
10	Critically review and adapt behaviours that inclusively embrace culturally diverse learners' needs.		
11	Demonstrate appropriate interpersonal skills that are required for the professions of sports coaching and physical education.		

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12b Structure Diagram
Level 4

SEMESTER ONE	SEMESTER TWO
<p><i>All core modules</i></p> <p>SPE4001 Introduction to Physical Education and School Sport (20 credits)</p> <p>SPX4000 Professional Skills and Evidence Based Practice (20 credits)</p> <p>SPC4002 The Coaching Process (20 credits)</p>	<p><i>All core modules</i></p> <p>SPX4002 Sport & Exercise Physiology and Principles of Training (20 credits)</p> <p>SPE4002 Children's Development: Physical, Emotional, Health, and Wellbeing (20 credits)</p> <p>SPC4000 Principles of Performance Analysis (20 credits)</p>

Level 5

<p><i>All core modules</i></p> <p>SPC5000 Applied Pedagogy in Sports Coaching and Physical Education (20 credits)</p> <p>SPE5001 Sport, Physical Activity, and Health in Practice (20 credits)</p>	<p><i>All core modules</i></p> <p>SPX5002 Planning and Conducting Research (20 credits)</p> <p>SPC5001 Contemporary Issues in Sports Coaching and Physical Education (20 credits)</p>
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Level 6

<p><i>All core modules</i></p> <p>SPC6001 High Performance Sports Coaching (20 credits)</p>	<p><i>All core modules</i></p> <p>SPX6003 Psychological Perspectives of Athletic Development (20 credits)</p>
<p>SPC6000 Sports Coaching and Physical Education: Professional Practice 2 (40 credits)</p> <p>SPX6000 Independent Research Project (40 credits)</p>	

13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- *Scheduled Learning* includes lectures, practical classes and workshops, contact time specified in timetable
- *Directed Learning* includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- *Private Study* includes preparation for exams

The *balance of assessment* by mode of assessment (e.g. coursework, exam and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

Level 4

Workload

20% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	239
Directed Learning	428
Private Study	533
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	75
Exam	16.7
In-Person	8.3

Level 5

Workload

15% time spent in timetabled teaching and learning activity

Activity	Number of Hours
Scheduled Learning	175
Directed Learning	475
Private Study	550
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	66.7
Exam	11.1
In-Person	22.2

Level 6**Workload****8% time spent in timetabled teaching and learning activity**

Activity	Number of Hours
Scheduled Learning	99.5
Directed Learning	385
Private Study	715.5
Total Hours	1200

Balance of Assessment

Assessment Mode	Percentage
Coursework	42.9
Exam	0
In-Person	57.1